

**TGF'S SMALL BIRD SPROUTING MIX INGREDIENTS –**

**MAY VARY QUANTITIES**

**BROCCOLI – use sparingly (\$\$)**

**RADISH – use sparingly (\$\$)**

**CLOVER – use sparingly (\$\$)**

**MILLET**

**FENUGREEK**

**PUMPKIN SEED**

**BARLEY**

**SAFFLOWER SEED**

**MUNG BEANS**

**OAT GROATS**

**WHEAT BERRIES**

**FRENCH (GREEN LENTILS)**

**IF SOLD – RETAIL PRICE IS \$19.50/#**